

EVENT SCHEDULE 7th and 8th GRADES						
KCPL Invitational Track Meets						
O'Hara High School on Saturday April 10,2010						
O'Hara High School on Saturday April 17, 2010						
Bishop LeBlond High School on April 24, 2010						
KCPL City Championship Track Meet						
Pembroke Hill High School on May 1, 2010						
Class A - 7th, 8th Grade Boys						
Class C - 7th, 8th Grade Girls						
Times will vary depending on number of athletes.						
Time	Running Events	Class	Time	Field Events	Class	Record
1:00	1600 Meter Run	A&C	1:00	High Jump (3 Misses 4'0")	A	5' 09"
			2:15	High Jump (3 Misses 3'6")	C	5' 02"
1:15	100 Meter Dash Prelims *	C				
1:15	100 Meter Dash Prelims *	A	1:00	Long Jump (3 Jumps)	C	15' 02"
			2:15	Long Jump (3 Jumps)	A	18' 10"
1:30	60 Meter Dash Prelims *	C				
1:30	60 Meter Dash Prelims *	A	1:00	Shot Put (3 Throws)	C	37' 00"
			2:15	Shot Put (3 Throws)	A	48' 10"
1:45	200 Meter Dash	C				
1:50	200 Meter Dash	A	1:00	Discus (3 Throws)	A	141' 08.75"
			2:15	Discus (3 Throws)	C	85' 00"
2:00	800 Meter Run	C				
2:05	800 Meter Run	A				
2:15	100 Meter Dash FINALS	C				
2:20	100 Meter Dash FINALS	A				
2:30	60 Meter Dash FINALS	C				
2:35	60 Meter Dash FINALS	A				
3:00	400 Meter Relay (4 x 100)	C				
3:05	400 Meter Relay (4 x 100)	A				
3:15	800 Meter Relay (4 x 200)	C				
3:20	800 Meter Relay (4 x 200)	A				
3:40	400 Meter Dash	C				
3:45	400 Meter Dash	A				
4:00	600 Meter Relay (100-100-200-200)	COED				
4:15	800 Meter Medley Relay (100-100-200-400)	C				
4:20	800 Meter Medley Relay (100-100-200-400)	A				
* SIX QUALIFY FOR FINALS						